

### SPEED CLINIC IN VAL GARDENA 27-30.11.2023





## Focus on future generations

Every year, at the end of November, Val Gardena hosts several FIS races at Piz Sella, to give to young athletes from all over the world the chance to challenge in the speed disciplines.







# SPEED CLINIC IN VAL GARDENA

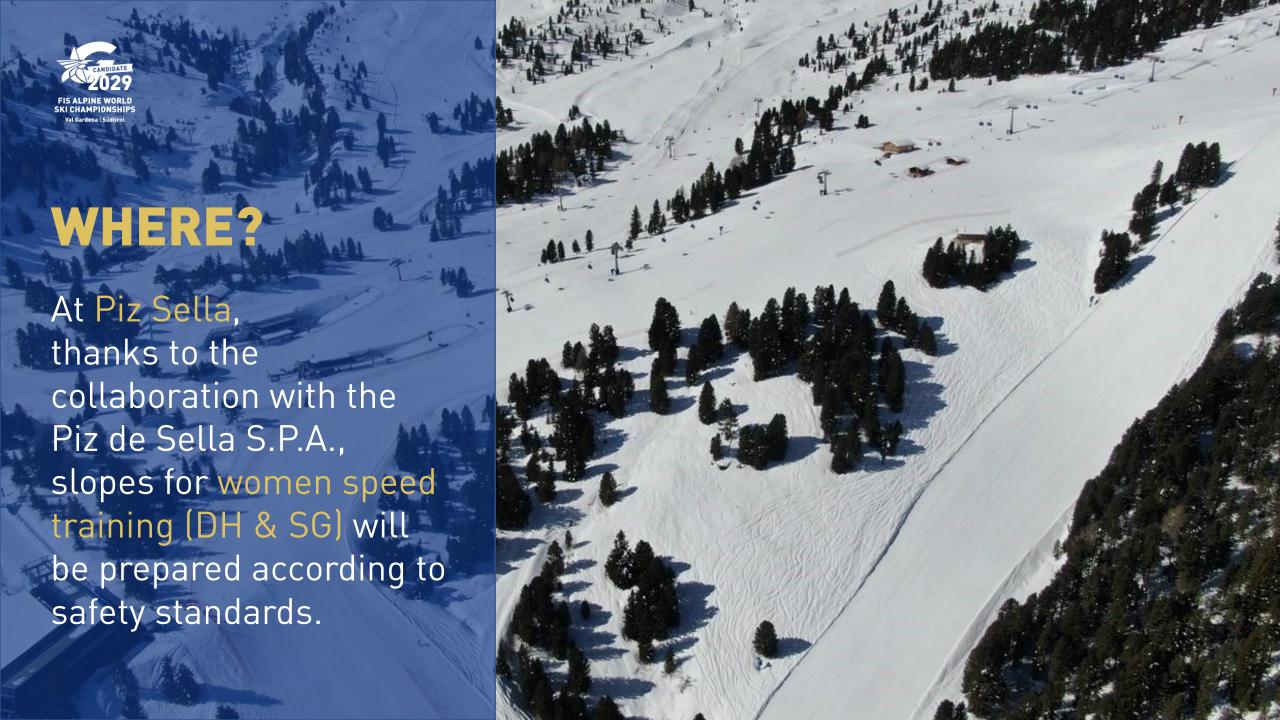
This year, we offer a further opportunity to young athletes and their teams:





#### Aim:

Giving the female athletes born between 2004 and 2007 from OPA countries (full participation) and from small nations (according to FIS quotas) the chance to train with perfect conditions at the beginning of the season, in order to have adequate preparation in the speed disciplines.





#### WHEN?

- Athletes arrival:
   27<sup>th</sup> November 2023
- Speed trainings (W): 28 30.11.2023





#### WHAT?

The included free services for the speed camp are:

- 3-day Piz Sella ski pass
- Dedicated slopes at Piz Sella
- Support of a coach (Werner Perathoner, Peter Runggaldier)





#### WHAT?

#### ..as well as:

- Timing service
- Video analysis in the afternoon

 Accommodation at closest distance to the slopes at FIS regulation price





### PROGRAMME

27.11.2023 ARRIVAL DAY

Check-in after 12 pm 7 pm: Programme meeting

28-30.11.2023

8 am – 2 pm: Training

30.11.2023

Check-out before 10 am





#### CONTACTS

FIS Ski World Cup Val Gardena OC

CONTACTS:

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**ENROLMENT BY:** 

5<sup>th</sup> NOVEMBER 2023

The participating teams and athletes will be supported by expert collaborators of the OC Val Gardena.



